### Overview 2018



#### Introduction and background

The BAD Youth Forum was created in 2001, to give young people a formal and recognised platform to express their views and make a positive impact in their community

In 2018 60 young people were democratically elected representing each secondary school including ELUTEC for the first time. Trinity Special School are also members of the BAD Youth Forum, the school conduct their own election process, suitable to the needs of students.

Up to 3 female and 3 male representatives are elected from each school, aged 13-19 or 25 with a disability).

Each year up to 15 young people are invited back to the forum based on their contribution and attendance in the previous year. These young

people by-pass the election process and support with the initial sessions, supporting new young people to engage.

At the start of the year the BAD Youth Forum held a Full Forum meeting in Barking Town Hall, introducing them to how the council works and what the role of the forum is.

The newly elected young people discussed current local youth issues as potential campaigns/projects. Topics included: education, knife crime, transport, gender equality and equal pay and health.



First Full Forum meeting photo (February 2018)

Houses of Parliament trip
(October 2018)



#### Team building day

#### FEBRUARY 2018

At the start of each year all newly elected forum members and 'returning' Forum members are invited to attend a team building day.

The aim of the day is for everyone to get to know each other, including the workers, and to start to cement good working relationships.

Young people participate in an evening full of fun games and exercises that will get people socialising.

30 young people attended the evening.





#### Election of the 2018 Young Mayor

A special meeting is held each year to elect the new Young Mayor for Barking and Dagenham. All newly elected members are requested to attend, but only returning members are eligible to nominate themselves for the position.

In 2018, five young people stood for election to become the next

Young Mayor. Each young person delivered a speech outlining why they would be suitable for the position. Following a democratic vote Wesley Oparaugo was elected as the borough's fourth Young Mayor, please see Young Mayor section detailing Wesley's achievements.

## Community Action subgroup 2018



#### Introduction and background

The BAD Youth Forum
Community Action sub-group
plays a vital role within the Forum
retaining the flexibility year after
year to pursue a variety of youth
related issues in Barking and
Dagenham that they see as a
priority. This sub-group does not
have a set remit and this year has
focused on:

**Education**; raising concerns about the numbers of supply teachers in their schools and the quality of teaching they provide,

Crime; expressing fears about levels of crime, and the threat of crime, including in schools - sharing examples of personal experiences with Police and Cabinet Members,

Health; educating themselves through workshops with Subwize (Drug and Alcohol misuse service for young people in Barking and Dagenham) about the dangers of alcohol and drugs and how to stay safe in various situations,

**Community intergenerational visit** to an elderly person's care home.

The members of this sub-group consulted with their peers at the start of the year, ensuring they understood the breadth of issues facing young people in Barking and Dagenham in 2018 from a range of young people's perspectives, not just their own.

Regular updates have been sent to schools throughout the year informing them of the Forum's progress and offering other young people an opportunity to share ideas and views.

#### Education

The group were concerned about the numbers of supply teachers in schools, there was an overwhelming feeling that the quality of teaching from some of the supply teachers was not to a high enough standard. The group met with Ian Starling, Principal Advisor, who was able to give a local and national perspective on the current situation. Young people shared personal experiences from their schools. The group were informed of the work happening locally to secure high quality teachers and the incentives being made available to encourage teachers to stay in Barking and Dagenham.



### Intergenerational visit

The sub-group decided they would like to do some work in the community and settled on the idea of visiting an elderly care home. The young people wanted to spend some time with elderly residents because they felt it would brighten their day and they wanted to know more about the lives of older members of the community. The young people were able to talk about how life is for young people in 2018 and find out about elderly people's experiences when they were young.



#### Crime and disorder

Having completed smaller projects earlier in the year, the group shifted their focus to concerns about crime, and the perceived threat of crime, including in secondary schools. The young people discussed at length their own experiences and concerns and found that many others in the group also felt the same. Despite a wealth of knowledge about the dangers in schools, all young people felt a lack of confidence to report any crimes. The group recognised the potentially positive outcome of reporting crimes (in particular, people carrying weapons or dealing drugs), but felt the possible repercussions were too great a risk.

Members of the sub-group attended the first Youth Independent Advisory Group (YIAG) meeting, this is a meeting set up to bring young people and police together to discuss and challenge Police on local crime issues and policing. At the meeting young people asked questions about tackling crime, and the perceived threat of crime, in schools. Following this young people continued the conversation in their sub-group. As young people felt unable to report concerns to their teachers they decided to write to Councillor Carpenter and Councillor Mullane to invite them to attend a sub-group session, Police were also invited to attend. Young people reported back personal experiences and the effect these experiences have had on them.

Following this meeting, Cllr Carpenter and Cllr Mullane arranged a meeting with several council officers, a representative from schools and police, where an action plan was agreed. As a result of these discussions young people have created a powerpoint presentation about Fearless i.e. anonymous reporting charity (Crimestoppers). Through discussions with the borough's Youth Engagement Officer, a proposal has been put forward for School Police Officers to deliver the presentation. School Police Officers have also all received refresher training in how to work with young people. Young people are also creating a short film to be shown at the Serious Crime Summit in January/February

2019, detailing their experiences first hand, but anonymously.



## Safeguarding

Part of the action plan from the meeting Councillors held with senior officers and Police, focusses on the 'lost hours' which is the time between young people finishing school and parents typically getting home from work. The youth forum plan to look at how they can address this issue and encourage their peers to participate in more positive activities. The Forum have been requested to create a film to be used at the forthcoming Serious Crime Summit in the new year.



#### Health

Young people spent some time discussing their understanding of drugs and alcohol and recognised that their knowledge about the negative effects each of these can have was very limited. The young people requested two sessions with Subwize (Drugs and Alcohol misuse service for young people), the first was a general overview, and the second was focussed entirely on alcohol. The whole forum were invited to these sessions, a total of 21 young people attended. As a result of these sessions, young people participated in a series of age-restricted test purchases in partnership with Trading Standards.

# Young Mayor Sub-group achievements 2018



#### Introduction and background

For the third year in a row, the Barking and Dagenham Youth Forum have been responsible for the Young Mayor, which this year was Wesley Oparaugo.

Once democratically elected by Forum members, a group is created for newly elected young people to join, to support the Young Mayor and their activities.

At the start of the year the group participate in some communication training and spend time getting to know each other.

By the end of February the group are completely operational and ready to get to work on choosing a charity and creating fundraising ideas.



### Charity appeal 2018

As in previous years, young people carried out research about what registered youth charities are an option for the group to fundraise for. The group looked at local, regional and national options. Having discussed all of the options, the group reduced the list to three main charities. These were Barnardo's, Ab Phab and New Horizon Youth Centre.

All group members took responsibility for obtaining votes through their peers, school assemblies and youth groups they attend. There were more than 400 votes cast with a resounding winner - New Horizon Youth Centre.





#### Setting up fundraising events

Our chosen charity for 2018 is New Horizon Youth Centre. The charity was founded in 1967, based in Euston, London. The charity supports vulnerable, homeless young people across London, recognising that the challenges homeless young people face are different to those of homeless adults. The charity offers a range of services to young people through their centre and outreach programmes. These include advice and support to obtain education, employment and training. Support to secure suitable housing and access benefits, if they are not currently employed. The charity also offers substance misuse advice and counselling along with many other services.

#### **Fundraising**

The group have been involved in devising, organising and delivering a range of fundraising events this year. Here is a full list of all of the activities and the amounts raised:



BAD Youth Forum and Young Mayor attending the Youth Parade, celebrating young people's achievements and fundraising-£102.54



Bucket shaking at the Summer of Festivals - £301.02



This event was a lot of fun and we raised £63.40

Sponsored walk

The young people personally fundraised for this sponsored walk event and collectively raised £1068.10

#### Non-uniform days in schools:



£451.46



£1054.78



£974.30



£300.00

#### Young Mayor - Wesley Oparaugo

Wesley Oparaugo was elected in February 2018 to be Barking and Dagenham's 4<sup>th</sup> Youth Mayor. Wesley was elected to his position by the newly elected Youth Forum members, after giving a powerful speech. Over the course of the year Wesley has committed himself to working in partnership with a BAD Youth Forum sub-group and raising money for, and awareness of, their chosen charity.

Wesley has been a driving force for securing such a large sum of money for the charity and is personally responsible for raising more than half of the sponsored walk money. Wesley met with his school, with support from Youth Workers, and discussed options for raising funds in school. This was an exceptionally productive meeting, securing vital support from his Head Teacher and Deputy Head Teacher to arrange fundraising events in school (some of which will happen after this report is submitted).

As well as weekly sessions with Forum members and fundraising activities, Wesley has attended 13 events to date in his ceremonial role with a further 2 planned. Events include:

Women's Empowerment Month Launch

Mayor's inauguration ceremony

Mayors Civic Parade

African Showcase

London Youth Assembly planning meeting

Dagenham Eagles event

Youth Parade

Jack Petchey 18<sup>th</sup> Birthday celebration event at City Hall

West Ham game- a generous gift from Mulalley construction company to 6 members of the BAD Youth Forum

Community Against Knife Crime event

Houses of Parliament visit

NCS Dragons Den event- being a member of the judging panel

Barking Enterprise Centre launch of the dedicated space for young entrepreneurs 16+

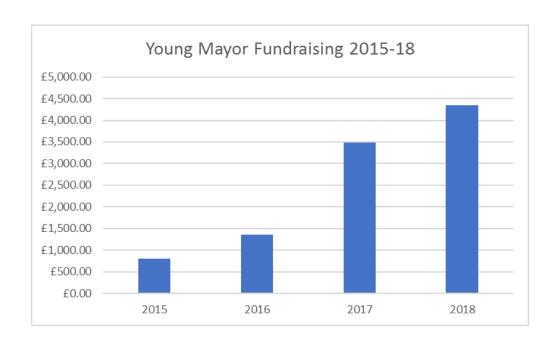




#### Grand total raised in 2018

(at the point of writing this report - November 2018)

## £4340.00



Year on year we have seen an increase in the funds raised, 2015-16: 70% increase, 2016-17: 156% increase and 2017-18: 25% increase. This is a positive upward trend.

"I have absolutely enjoyed being the Young Mayor of the borough this year. I have experienced so many things and met so many people I did not think I would be able to. Being a part of the Women's Empowerment Event Launch, attending the African Showcase Event, leading the Youth Parade and liaising with the Leader of the Council were some of the highlights of this year. It surpassed my expectations and broadened my abilities. Leading the Young Mayor's group has been tough but very profitable. The sponsored walk we did was, I believed the culmination, of the hard work we put in as a group. The fact that we have been able to raise over £4,000 as of now, is astonishing and a testament to the Forum and its leaders. I have to appreciate every single member of the Forum for their teamwork and dedication, but more so, the workers that have tirelessly led such a great cohort and have given me immense support in my role. I can confidently say I was a fish out of waters without them, but their guidance helped me so much. Without these workers, this experience wouldn't be what it was. I am extremely grateful to have been Young Mayor this year and it was truly a wonderful opportunity that I believe, will have a

profound impact on whoever takes this role. I sincerely hope that the Young Mayor role can grow and become greater than it already is today". Wesley - Young Mayor

"We can't thank the young people involved in the BAD Youth Forum enough! They have been amazing supporters of New Horizon Youth Centre and our work of helping homeless young people! We think youth empowerment and participation are really important, and have been really impressed with the enthusiasm of the forum to help raise awareness of the scale and often hidden realities youth homelessness experienced by their peers. But they also put money where their mouth is by raising an incredible £4340.00 for us - and rising! The money will go toward to making sure the day centre is open space 7-days per week, because homelessness doesn't take a break at weekends and young people need a safe place to be. Big thank you to the BAD Youth Forum from the young people and team at New Horizon." *Phil Kerry, CEO of New Horizon* 

## Young Inspectors Sub-group achievements 2018



#### Introduction and background

The Young Inspectors group are commissioned by Public Health to carry out quality assurance visits of the pharmacies providing the free pan-London Come Correct condom distribution scheme in Barking and Dagenham.

Each year newly elected members join this subgroup, with some returning members remaining with the group to ensure continuity and to help train new members. Once they become a member of the Young Inspectors, the group

participate in training to ready them for their role.

Young Inspectors are responsible for accessing pharmacies like any other young person would, registering for a 'C-Card' and reporting on their experience.

**115 inspections** were undertaken during 2018.



#### Report writing

After EVERY inspection each Young Inspector completes a report about their findings, paying particular attention to the recommendations of how the service could improve in the future.

#### **Training**

Newly recruited Young Inspectors have often never been involved in mystery shop inspections before. It is vital that young people present like all other service users would, which can be complicated when you know you are completing an inspection.

Training focusses on ensuring young people fully understand all parts of the C-Card registration process, for both condoms and femidoms. Young people are assessing the following areas:

- Friendliness,
   environment and how
   welcoming the staff
   are;
- How comfortable the staff make young people feel;
- 10 specific areas of condom/femidom demonstration;
- 7 pieces of information that pharmacists should tell young people, including testing time periods for different sexually transmitted infections, clinics where young people can be tested,

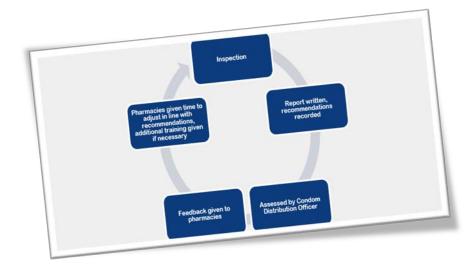
time frame for the use of Emergency
Hormonal
Contraception (EHC) and whether the young person is informed that the service is confidential.

In order to complete a comprehensive report of each inspection, young people are trained to write reports and carry out practice inspections to test their ability to remember details. Experienced members of the group accompany all new members on initial inspections to help them relax and support them with remembering all of the details of the visit.



#### Young Inspectors' impact

Continuous quality assurance for the past 4 years has enabled the Condom Distribution Officer of the borough to provide up to date information about the quality of service each pharmacy is providing to young people. These inspections are the <u>only</u> way to know how efficient the service is and whether young people are receiving the service they should be. After each inspection the Young Inspectors report is sent to the Condom Distribution Officer, Heather McKelvey. Heather then contacts each pharmacy to relay the results. If needed, further training or support is offered to poor performing pharmacies, to support them to improve.

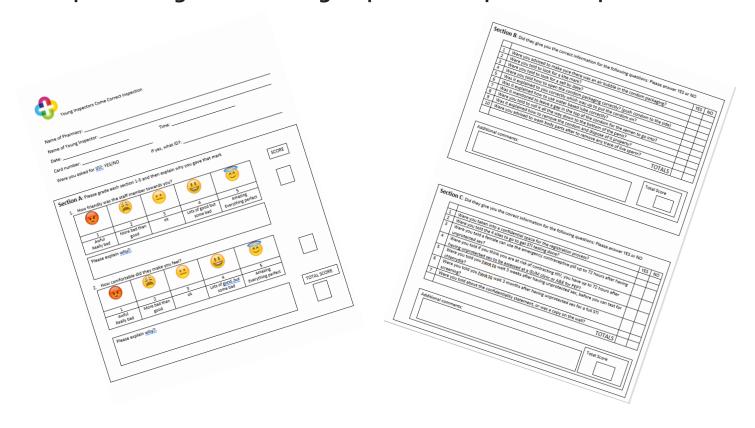


Barking and Dagenham has the best performing C-Card programme in London. This includes having a repeat encounter rate that is more than double that of any other London borough, which is an indicator of the quality of the service being delivered i.e. young people who sign up and repeatedly use the service. Over the course of 2018, we have seen an

improvement in 15 pharmacies, only 2 pharmacies did not have a good inspection during the year. These pharmacies continue to be offered support to improve.

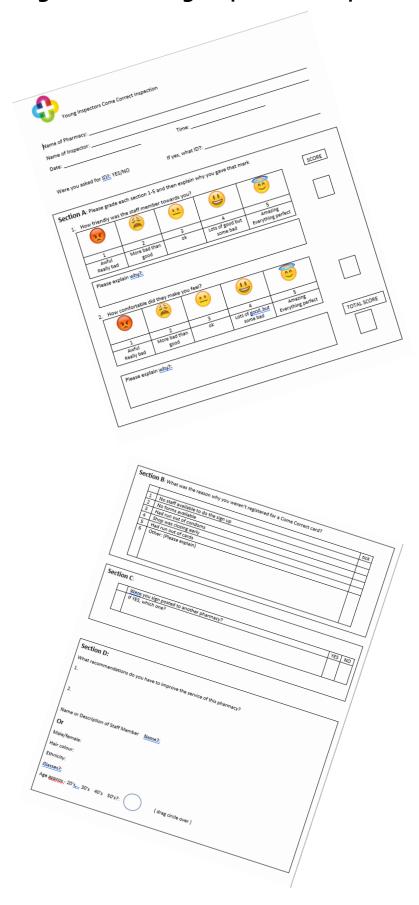
There is an apparent correlation between the work of the Young Inspectors and teenage pregnancy figures, which are now the lowest they've ever been for Barking and Dagenham and are starting to fall at a faster rate than national.

#### Example of a registered Young Inspector's inspections report



Section D:
Were Fraser guidelines mentioned if you are under 16 years of age? YES NO OVER 16
What recommendations do you have to improve the service of this pharmacy?
1.
2.
3.
4.
Name or Description of Staff Member Name?
Or
Male/female:
Hair colour:
Ethnicity:
Glasses2:
Age approx - 20's 30's 40's 50's?: (drag circle over)

#### Example of a non-registered Young Inspector's inspections report



## Additional Forum activities



#### **Engagement and Participation**

#### Youth Independent Advisory Group (YIAG)

The Senior Youth Worker for the BAD Youth Forum approached by Police asking for a young persons' version of the Police Independent Advisory Group to be set up. A proposal was formulated and agreed. To date, two meetings have taken place. The remit of this group is to provide young people and Police the opportunity to discuss local issues that relate to crime and policing. Young people have provided an honest account of concerns they have about crime in the borough and have discussed pro-active ways of addressing these concerns.

The YIAG is advertised to a wide range of groups in the borough, not just the BAD Youth Forum. At the last meeting, in October, representatives from the Onside Youth Zone Development Group, Progress Project Disabled Young People's Forum and the Peer Support Group for young people with mental health concerns attended.

The YIAG will continue as a long standing platform for young people and police to address issues and concerns about crime and challenge policing in Barking and Dagenham.







#### Community Against Knife Crime event

Fifteen BAD Youth Forum members attended the Community Against Knife Crime event in October 2018. Young people were keen to attend and to pledge their support to the Council to help tackle knife crime. As a current issue of interest to one of our sub-groups, and something that affects many young people in the borough, young people were proaddressing in active questions to the panel. These questions included 'Why are schools not willing to have knife arches outside on random days?' and 'What can be done to encourage young people to report crimes anonymously through Fearless or Crimestoppers?'.

All young people signed the pledge at the end of the event and youth workers also took the pledge to the YIAG which occurred the week after, securing further support for the pledge.



#### <u>London Youth Assembly</u> (LYA)

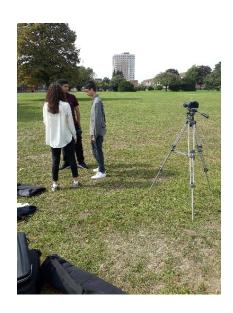
In 2018, all London Borough participation teams were approached to attend a meeting to discuss the proposal to initiate a London Youth Assembly, mirroring the work of the London Assembly. The proposal has the backing of the Mayor of London. A worker attended the initial meeting and the Young Mayor attended the follow up meeting to discuss practical ways to set the LYA and secure the participation of young people all over London.

At the time of writing this report the first meeting is scheduled but has not taken place. The BAD Youth Forum will elect a Representative and a Deputy to the LYA, and this will be a continuous project we will be involved in.



#### **Houses of Parliament trip**

In October half term, twenty BAD Youth Forum members participated in an annual visit to the Houses of Parliament. The young people were treated to a tour of the Palace of Westminster, learning about the history of the building and how politics is conducted and affects all citizens of the country. Following the tour the young people were hosted by Jon Cruddas MP and Margaret Hodge MP. Young people carefully planned questions for both MP's focussing on issues currently important to young people. These included questions about knife crime, housing, health services, votes at 16 and policing in the borough.



#### **Borough Manifesto Film**

Members of the Forum, along with the Young Mayor were requested to participate in the making of the Borough Manifesto Film, marking the Council's achievements one year on. The Young Mayor and three Forum members participated, sharing their positive view of the borough and its recent developments. View: Barking and Dagenham Together: The Borough Manifesto



#### West Ham Director's Box visit

At the Leader's Summer reception, Eamon O'Malley, Director of Mullalley Construction Company generously offered a unique experience for six young people to attend a West Ham game, dining in an exclusive restaurant in the grounds and sitting in the Directors' area. Six very deserving BAD Youth Forum members were selected to attend. The experience was incredible for young people and they had the opportunity to promote the work of the Forum with a range of people. Here are some of their thoughts about the event:

I felt honoured to be chosen for this wonderful opportunity, I enjoyed how professional everything felt and the food was exquisite.

Joshua-14

It was an amazing experience to see a West Ham match, especially with an outcome of 8-o! The whole experience was phenomenal and I have never been to an event like this. **Mantas-15** 

I would like to take this opportunity to first of all thank Eamon at Mulalley for giving us the tickets to watch the game. The hospitality offered was beyond expectation, the atmosphere was electric and we were received warmly by other people attending and staff. I believe this was a once in a lifetime opportunity that I certainly will not forget.

#### Wesley-15

I felt the West Ham football game was a diamond experience, I was treated very well by the staff members. The football game was just amazing and it is an experience I will never forget. I thank Eamon (Mulalley) for the tickets and the whole experience. Nathan-17



#### Consultations

Every year the Forum are approached to participate in a range of single consultations, offering them the opportunity to shape local services. During 2018, young people participated in 12 consultations detailed below.

- 1) Local Implementation Plan. This consultation focussed on the Borough's transport plan and asked young people for their views about how to encourage more people to walk, cycle or use public transport to help the Borough to reach its target set by the Mayor of London.
- 2) Health Lifestyle Team. The team visited the Forum to ask for their views on how to rebrand their service to make it appealing to young people. The specific project discussed related to obesity, young people gave their views about activities that would engage young people to participate and how to make advertising eve catching.
- 3) SCO19 Police Officers (Firearms). Young people had raised concerns about crime and safety in the borough, particularly the use of knives and other weapons. SCO19 officers visited the Forum with a

- powerful presentation that was thought provoking and educational. The young people also had the opportunity to question Police Officers and discuss the use of stop and search in the borough.
- 4) Cultural Education. The Forum were asked to share their experiences οf cultural education in schools. outlining the positive aspects and also offering opinions about how it could be improved. Young people's views were included in the new Cultural Education Strategy.
- 5) Barking and Dagenham Music Service. The aim of this consultation was to consult Forum members on the most appropriate way to embed youth voice in services planning and service delivery. The Forum were asked to share information about their musical experiences in the borough, what they thought was missing and how it could be better. The views of young people were used to shape the Music Service going forward.
- 6) Education. Young people met with Natasha Cook, Policy and Projects Manager for Barking and

- Dagenham Council. The young people gave their views on the draft Education and Participation Strategy which were included in the final strategy.
- 7) Heritage. Young people were engaged in consultation about heritage in Barking and Dagenham and gave their views about how best to involve them in future heritage activities. At the point of consulting with the Forum there was very minimal engagement by young people, the aim of gathering the Forum's views was to improve participation figures.
- 8) Future Youth Zone. The Youth Community Engagement Worker consulted with young people about what facilities should be available in the borough and how best to advertise the Centre in the run up to its opening. Young people engaged in an honest way, relaying what will be the most effective way of promoting the Centre. This information will be used in the planning of the opening.

- 9) Accessing further education. A council officer and a colleague from Goldsmiths University met with the Forum to consult with them on the wording of a set of questions which they planned to use with other young people. The questions related to why 16-18 year olds leave their further education courses within the first year. The draft questions were presented and young people gave their views, making amendments where necessary.
- 10) Missing People Service. This consultation aimed to find out what young people already know about the Missing People service and how the be service can more accessible and better known to young people. Young people gave their views on different aspects of the service, which will contribute to updating the service plan.

- 11) Come Correct C-Card. This consultation was led by the Borough's Condom Distribution Officer. The Forum were asked to review the current C-Card website and give their views about how best to update it. These views will be taken to a pan-London meeting and shared with views from other young people, resulting in a more young people friendly and appealing website.
- 12) Sharon White, Education Inclusion Manager, consulted with forum members about the use of survey monkey to question people young about exclusions in B & D schools. Sharon asked about the use of the surveys in schools and gathered young people's views about the questions.

#### Contributing to the borough's priorities 2018

The work of the Barking and Dagenham Youth Forum contributes to two of the borough's key priorities as set out in its vision. Detailed below is a summary of how the BAD Youth Forum's work from 2018 has contributed to these priorities.

#### **Encouraging Civic Pride**

- The borough's Young Mayor attending various events throughout the year,
   representing young people and promoting a positive view of young people both locally and regionally.
- Young people participated in the Youth Parade which celebrated the achievements of young people in the borough.
- Being positive ambassadors for young people, demonstrating that young people are pro-active, well engaged citizens of the borough.
- Contributing to decision making, through consultations, ensuring the borough is
  listening to young people's views and having a positive impact. Young people feel
  engaged in matters that affect them and are proud to live, work or study in the
  borough. This helps young people to 'shape their quality of life' which we hope will
  continue in to adulthood.
- Intergenerational visit to an elderly care home, with young people taking the time out of their day to meet with elderly residents and talk about life from each other's perspective. This piece of work promotes community cohesion and challenges the views each age group may have about the other.
- In an effort to highlight the negative impact some supply teaching is having on young people's attainment, the Community Action sub-group met with Ian Starling, Principal Advisor, to share their experiences. The meeting content adds weight to the ongoing efforts to recruit and retain high quality teachers for Barking and Dagenham schools.

#### **Enabling social responsibility**

- Representing their peers, listening to their views and expressing these with local decision makers.
- Developing campaigns that address current youth issues in Barking and Dagenham e.g. crime and safety campaign.
- Young Inspectors quality assurance visits to pharmacies and ensuring a fit for purpose service. Taking responsibility to carry out visits independently to ensure full coverage of the pharmacies in the borough.
- The skills that young people learn by being a member of the BAD Youth Forum are transferable to all aspects of their life, for example, communications skills (listening and speaking), confidence, being assertive, report writing, sharing views in an appropriate way and challenging decision makers/service providers, to name but a few. Some young people use their forum time towards their Duke of Edinburgh award or similar volunteering programmes, whilst others grow and learn in an environment that is supportive and stimulating. The forum actively encourages

- young people to take responsibility for themselves and their own life, as well as other members of the community.
- Projects such as the crime and safety project and the work of the Young Inspectors, helps to protect some of the more vulnerable members of the borough. The crime and safety project has contributed to the understanding of knife crime issues in the borough which has resulted in council officers and Councillors focussing more time and resources on tackling the issue. The Young Inspectors project has ensured the C-Card service available to young people continues to improve and areas of weakness are addressed swiftly, thus providing a good service to young people.
- The Forum works with young people with a range of abilities, through the Forum young people become more confident and can access support to achieve their full potential. For many young people the forum provides the right platform to support their growth and development (please see case studies).